

Occupational Therapy Home Activities Program

Spatial Organization/relationships (the ability to determine the relationship between objects is important for the development of directional language, attention to detail, organizational skills):

Lego puzzles
Kinex (building/construction type toys)
Connect Four
Duplo Mosaic Puzzles
Picture Perfect
Building toy models
Woodorafi projects
Large parquetry and patterns
Perfection
*Completing mazes and dot-to-dot
*Hidden picture worksheets/Wordfinds
*Copy words or letters from a book; use paper with raised and color coded margins to help with spacing or letter-line relationships
Where's Waldo Books

Most of these items can be found at toy stores or Learning Express stores

Fine motor coordination/distal finger control:

Pick up Stix
Jacks
Kerplunk
Tiddly Winks
Dealing cards
Tricky fingers game
Tracing with a pencil
Copper tooling crafts
Beadie Buddies
Playing a musical instrument (piano)
Cutting with scissors to make crafts

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